

GO APE



On Monday 14th September, Miss Pretty and Mr Griggs took Year 12 and 13 Sport students on a trip to "Go Ape" in Wendover Woods.

The trip was to assist pupils with gaining information about Health and Safety in coaching as part of the current OCR and BTEC sport courses, as well as helping to encourage team building skills. As well as this the trip also gave those attending an insight into possible future job opportunities if they decide to follow a sporting route throughout their education.

Pupils represented the school very well and enjoyed the high risk activities such as high ropes, zip wires and jungle swings. Whilst doing these activities many high pitched screeches could be heard all over the park.



Training was given as to how to maintain safety when using the equipment and pupils had to undertake some problem solving. The same group of pupils will be visiting the University of Bedfordshire on Thursday 24th Sept 09. The trip is to assist pupils with gaining information in Fitness Testing in a Laboratory setting. Students will also take part in a tour of the campus. This will also help give those attending an insight into possible future job opportunities if they decide to follow a sporting route throughout their education.

The University of Bedfordshire has excellent sporting facilities along with being the main training site for PGCE and B.ED entries to Physical Education Teaching.

